

Red Deer Marlins Swim Club

Purpose:

The purpose of this Code is to ensure a safe and positive environment (within Swim Alberta programs, activities, and events) by making athletes aware that there is an expectation, at all times, of appropriate behaviour consistent with the values of Swim Alberta that include excellence, integrity, innovation, and collaboration. The Red Deer Marlins Swim Club have adopted the code of conduct implemented by Swim Alberta. This Code defines the appropriate parameters for interactions and obligations, and thus identifies a standard of behaviour. The Code of Conduct also identifies the RDMSC commitment to making everyone's involvement in the Club a positive experience. Further, Swim Alberta supports equal opportunity, prohibits discriminatory practices, and is committed to providing an environment in which all individuals are treated with respect.

Athletes have a responsibility to:

A) Maintain and enhance the dignity and self-esteem of RDMSC members and other individuals by:

- Demonstrating respect to individuals regardless of body type, physical characteristics, athletic ability, gender, ancestry, color, ethnic or racial origin, nationality, national origin, sexual orientation, age, marital status, religion, religious belief, political belief, disability, or economic status
- Focusing comments or criticism appropriately and avoiding public criticism of athletes, coaches, officials, organizers, volunteers, employees, or members
- Consistently demonstrating the spirit of sportsmanship, sport leadership, and ethical conduct
- Acting, when appropriate, to correct or prevent practices that are unjustly discriminatory
- Consistently treating individuals fairly and reasonably
- Ensuring adherence to the rules of swimming and the spirit of those rules

B) Refrain from any behaviour that constitutes harassment, where harassment is defined as comment or conduct directed towards an individual or group, which is offensive, abusive, racist, sexist, degrading, or malicious. Types of behaviour that constitute harassment include, but are not limited to:

- Written or verbal abuse, threats, or outbursts
- The display of visual material which is offensive or which one ought to know is offensive in the circumstances
- Unwelcome remarks, jokes, comments, innuendo, or taunts

- Leering or other suggestive or obscene gestures
- Condescending or patronizing behaviour, which is intended to undermine self-esteem, diminish performance or adversely affect working conditions
- Practical jokes, which cause awkwardness or embarrassment, endanger a person's safety, or negatively affect performance
- Any form of hazing defined as any potentially or actual humiliating, degrading, abusive, or dangerous activity expected of an athlete by a more senior individual, which does not contribute to any positive development, but is required to be accepted as part of a team, regardless of the athlete's willingness to participate. This includes, but is not limited to, any activity, no matter how traditional or seemingly benign, that sets apart or alienates any teammate based on class, number of years on the team, or athletic ability.

C) Report any medical problems in a timely fashion, when such problems may limit their ability to travel, train, or compete

D) Participate and appear on-time, well-nourished, and prepared to participate to their best abilities in all competitions, practices, training sessions, events, activities, or projects

E) Never ridicule a participant for a poor performance or practice

F) Act in a sportsmanlike manner and not display appearances of violence, foul language, or gestures to other players, officials, coaches, or spectators

By signing this contract, it displays that you fully understand the expectation and rules put in place by the Red Deer Marlins Swim Club.

Athlete Name: _____

Signature: _____

Date: _____